



☎ : 8222860360

HOLY ANGEL SCHOOL

(Run by : Holy Education Society)

Affiliated to C.B.S.E. upto Sr. Sec. (Affl. No. 530166, School No. 40160)

TOSHAM ROAD, HISAR – 125 005

e-mail: holyangelhisar@yahoo.com

Ref. No.: _____

Date : _____

The Principal

Sahodaya Schools Hisar

Subject : Invitation for Inter-School Sahodaya Swimming Competition 2025.

Dear Sir/Madam,

We are pleased to inform you that Holy Angel School, Hisar in association with Sahodaya Schools Hisar, is going to organize **INTER-SCHOOL SAHODAYA SWIMMING COMPETITION 2025** (for Boys & Girls) from 22nd to 23rd August 2025. All the member schools are cordially invited to participate in this championship. Kindly send your entry through Google form latest by 15th August, 2025. For more details, please contact Mr. Suneet Sharma at 8059966664 or send mail at holyangelhisar@yahoo.com .

Google Form for registration: <https://forms.gle/o7D4cWN52nW1Upz87>

With Regards

Neetu Sharma

Principal

Holy Angel School

SAHODAYA INTER-SCHOOL SWIMMING COMPETITION

RULES AND REGULATIONS

1. **Rules Applicable** :The tournament shall be played as per the rules and regulations of FINA.
2. **Eligibility**: Only bonafide students of the member schools shall be eligible to play in the tournament, subject to the age criteria given below :
 - Under11Category- Born on or after 1.09.2014
 - Under14Category– Born on or after 1.09.2011
 - Under17Category– Born on or after 1.09.2008
 - Under19Category– Born on or after 1.09.2006
3. **Events : As per Annexure A.**
4. **Documents**: The below mentioned documents are mandatory to be submitted to the Organizing Secretary:
 - Duly filled (in BLOCKLETTERS only) Eligibility Form of each player.
 - Duly filled (in BLOCKLETTERS only) Summary Sheet.
5. **Registration Fees** : Kindly pay Rs. 100/- (Rupees one hundred only) as registration fees per participant in the name of **Hisar Sahodaya Schools** through Cheque, Online or UPI.
6. **Disqualification**: Any violation of the eligibility shall lead to disqualification of the school for the entire session. However, scratching of a team at any stage shall not hamper the progress of the tournament. If any school is found guilty of producing incorrect documents / information, the same school will be debarred from all Sahodaya activities.
7. **Protests**: Protest, if genuine, can be lodged with a documentary proof in writing to the Organizing Secretary within 30 minutes of the event is over along with a fee of ₹500/- (in cash) (Refundable if the protest is upheld). The decision of the Chairman and Organizing Committee in all matters of dispute will be final and binding to one and all.
8. **Points**: Points will be awarded for the first three positions i.e. **6, 4, 2** & for relay events the points will be double.
9. **Null & Void**: The Organizing Committee has the right to cancel any event if there are less than three participants. The Organizing Committee reserves the right to change the date and time of any event, if necessary.
10. **Limitation**: Maximum 2 participants will be allowed in an event in each category from a school. One swimmer can take part in maximum 2 events excluding individual medley and relays.
11. **Kit**: All the participants shall be in proper kit as per the guidelines of FINA.
12. **Discipline**:
 - Participation in the events will not be allowed in the absence of the team in-charge.
 - The team in-charge will be responsible for the conduct of his/her team on and off the pool. Any damage done to the property of the organising school by any participant will have to be compensated by the team in-charge.
 - Indiscipline on the part of any team/officials/players will be viewed seriously and disciplinary action will be taken by the Technical & Disciplinary Committee.
13. **Hygiene**: Every competitor shall use the lavatory and shower before entering the swimming pool. A participant suffering from any infection of ear, nose, throat, eyes or any other communicable disease will not be allowed to enter the swimming pool.
14. The school will not be responsible for any loss, mishap, illness or accident, which occurs during the championship, nevertheless all the adequate measures will be taken.

IMPORTANT POINTS FOR COACHES

Carrying of Identity Cards: All coaches and managers of the participating teams will keep the school Identity Cards / Aadhar Cards / Date of Birth Certificates of all the participants. These documents are to be produced before or during the tournament on demand.

SAHODAYA SCHOOL GAMES 2025-26

ELIGIBILITY FORM

{The form would not be accepted if any column is left unfilled}

Venue : Holy Angel School From _____ to _____ Game/Event : Swimming

1. Name of the School:- _____

2. Name of Participant : _____ (Girl / Boy)
(in block letters)

3. Father's Name _____

4. Mother's Name _____

5. Date of Birth: (I) in fig.

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(ii) In words _____

6. Age in completed years as on 31st December 2025:- _____ Year _____ Month _____ Days

7. Admission No. _____

8. Date of Admission in School:- _____

9. Present Class:- _____

10. SRN of student _____ AADHAAR NO. _____

11. Year of passing 5th:-..... 8th:-..... 10th:-.....

12. Two Prominent marks on the body:- (i) _____ (ii) _____

13. Signature of the Student:- _____

Declaration :- 1. Certified that the above participant is a regular student of this institution for the academic year 2025-26.

2. Certified that I have personally verified the admission records maintained in the school and found correct.

3. I will be personally responsible if any attached documents or filled up particulars are found duplicate or incorrect . In this situation Sahodaya Executive Committee can take necessary action against me.

Signature
School Team In charge
With Phone No.

Signature
Head of School
with seal

Paste latest
colored
photo
Attested by
school
Head

EVENT LIST

Age Group: Under- 19	Age Group: Under- 17
50 m Freestyle	50 m Freestyle
50 m Backstroke	50 m Backstroke
50 m Breaststroke	50 m Breaststroke
50 m Butterfly	50 m Butterfly
200 m Individual Medley	100 m Freestyle
4x50 m Free Style Relay	100 m Backstroke
	100 m Breaststroke
	100 m Butterfly
	200 m Individual Medley
	4x50 m Free Style Relay
Age Group: Under- 14	Age Group: Under- 11
50 m Freestyle	50 m Freestyle
100 m Freestyle	50 m Backstroke
50 m Backstroke	50 m Breaststroke
100 m Backstroke	50 m Butterfly
50 m Breaststroke	200 m Individual Medley
100 m Breaststroke	4x50 m Free Style Relay
50 m Butterfly	
100 m Butterfly	
200 m Individual Medley	
4x50 m Free Style Relay	

Note: Participant can take part in 2 individual Events + Individual Medley + Relay.

Reporting time for 22 August 2025 is 8:00 am.

Parents are not allowed to witness the event. Participating schools must ensure the same.

SUMMARY-SHEET

SAHODAYA SCHOOL GAMES-2025-26

NAME OF THE SCHOOL.....

NAME OF THE GAME..... BOYS/GIRLS DATE FROM.....TO.....VENUE.....

Sr. No.	Name	Father's Name	Date of Birth	SRN. No.	Class	Age Group	EVENT
1							
2							
3							
4							
5							
6							
7							
8							
9							
10							
11							
12							
13							
14							
15							
16							
17							
18							

Signature Team In-charge
With Phone No.

Signature
Head of School with seal

INDEMNITY BOND

SAHODAYA SCHOOLS HISAR, SWIMMING COMPETITION

I, Principal from School do hereby sign that I fully understand that Sahodaya Schools Hisar (Organising Committee) will not be responsible or liable for any injury, disability and accident that may be caused to my participants while using the Swimming Pool or within the area of Swimming Pool complex.

Signature of Principal

School Stamp

RULES AND REGULATIONS

HOLY ANGEL SCHOOL, SWIMMING POOL

1. The swimmers shall swim in proper swimming costume (single piece for girls). Swimming Cap is compulsory for all participants.
2. All instructions imparted by the In-charge / Referee / Life Guard shall be strictly followed. In-charge / Referee are authorized to refuse any person from swimming for misbehaviour and infringement of rules.
3. Participants will use the pool at their own risk and peril. The Organising Committee will not be responsible for any injury / loss of life.
4. No compensation or claim shall be entertained in case of any accident or loss of life during the competition.
5. Any one suffering from skin disease / cough and cold is not allowed to participate.
6. Participants are requested not to spit or pollute the pool in any way.
7. All participants shall take a shower bath before entering the pool and after swimming.
8. The Organising Committee will not be responsible for loss of any valuable left with the attendant or in the lockers of the Swimming Pool. The Management is not responsible for any losses (mobiles, valuables etc.).
9. No foot wear is allowed on the deck of the Swimming Pool.
10. No eatables shall be brought in the swimming pool premises.

Signature of Principal

School Stamp

Mobile No. :